Schedule an appointment with the ECO!

Scheduling an appointment has never been easier. Students can now request an appointment 24/7 via CAVLink! Getting started is easy - follow these steps:

1.) After logging in to CAVLink, click "Request a Counseling Appointment" on the right hand side.

![CAVLink interface]

2.) Filter based on your preferences - appointment type, counselor name (Jennifer Jones for Econ majors), day, time and more! Tip: to see more appointment options, try only one or two filters to begin with.

*Economics majors may schedule appointments with the Economics Career Office and the UVA Career Center. All advisers available to Econ majors are listed in the dropdown menu.

Tips: ECO appointments are available on Tuesdays, Wednesdays, and Thursdays.

For mock interviews, please schedule two back to back slots.
3.) Wait for your appointment to be approved. Generally, appointment approval will happen within a day. Once approved, an appointment will move from the "Requested Appointment" column to the "Approved Appointment" column.

4.) Reschedule and cancel as needed. When you log into CAVLink you will see your appointments on your homescreen. You may also find your appointments by clicking on the "Calendar" tab and a dropdown "Couneseling Appointments" link will appear. Appointments may be canceled or rescheduled via CAVLink up to 24 hours before the appointment. If you need to reschedule an ECO appointment within 24 hours, please write to jlh7b@virginia.edu so other students may be notified to take your spot. No-shows may have advising privileges suspended.